

An Attractive, Healthy Smile

After seeing his wife's beautifully restored smile Nick Bowery opts for his own full mouth restorative treatment.

Marcia and Nick Bowery were unhappy with their smiles. "I've never liked my smile," confides Marcia. "I grew up where there wasn't much fluoride in the water, so I had a lot of cavities."

Although her teeth were relatively straight, Marcia notes that years of dental problems had made the appearance of her teeth less than ideal.

"I had braces, so my teeth were pretty straight," she says. "It was just the color: my teeth were always yellow, and I had some teeth that were broken."

Over time, the problems with her teeth actually caused Marcia to alter the way she ate.

"I ate mostly what I wanted, but I chewed on one side. The other side would be really sensitive, depending on whether something was cold or hot, so for years I just chewed on that one side."

Marcia's husband had his own reasons for developing a variety of dental concerns.

"I had a really bad experience with an oral surgeon when I was younger," Nick recalls. "I had wisdom teeth out and it was extremely painful – he just basically let me suffer, giving me the equivalent of ibuprofen for the pain. I was miserable."

"As a result, I didn't go back to the dentist on a regular basis."

Nick became increasingly self-conscious as his dental health deteriorated.

"I was really embarrassed about the condition of my teeth," he admits. "There wasn't fluoride in the water where I grew up either, so I had quite a few cavities, lots of old metal fillings in lots of my teeth. And parts of some of those teeth had broken off. It was very embarrassing."

"We were thoroughly impressed by the professionalism of Dr. Stanley and his entire staff."

-Nick and Marcia Bowery

Consequently, Nick didn't show his teeth when he smiled; in fact, he didn't show his teeth at all, if he could help it.

"I was paranoid about opening my mouth, so whenever I spoke, it was with my mouth just barely open," he explains.

In 2008, Nick and Marcia both found help after Marcia went to The Smile Centre, with offices in Sarasota and Venice. There, she met Richard A. Stanley, DMD, who has been serving the Sarasota and Manatee County communities for 25 years.

"I had a referral from a business associate who had gone to Dr. Stanley and recommended him highly," recalls

Nick. "I saw what Dr. Stanley was able to do for Marcia, and I opted to do the same thing."

Comprehensive treatment

Dr. Stanley explains that he and his colleagues always do the best they can to make sure that their guests receive comprehensive care.

"Because we are a complete care practice, we begin by gaining a thorough understanding of each patient's complaints, problems, and concerns, as well as assessing orthodontic and structural issues of the skull and jaw," he says.



RICHARD A. STANLEY, DMD

To that end, The Smile Centre offers a special on initial patient exams.

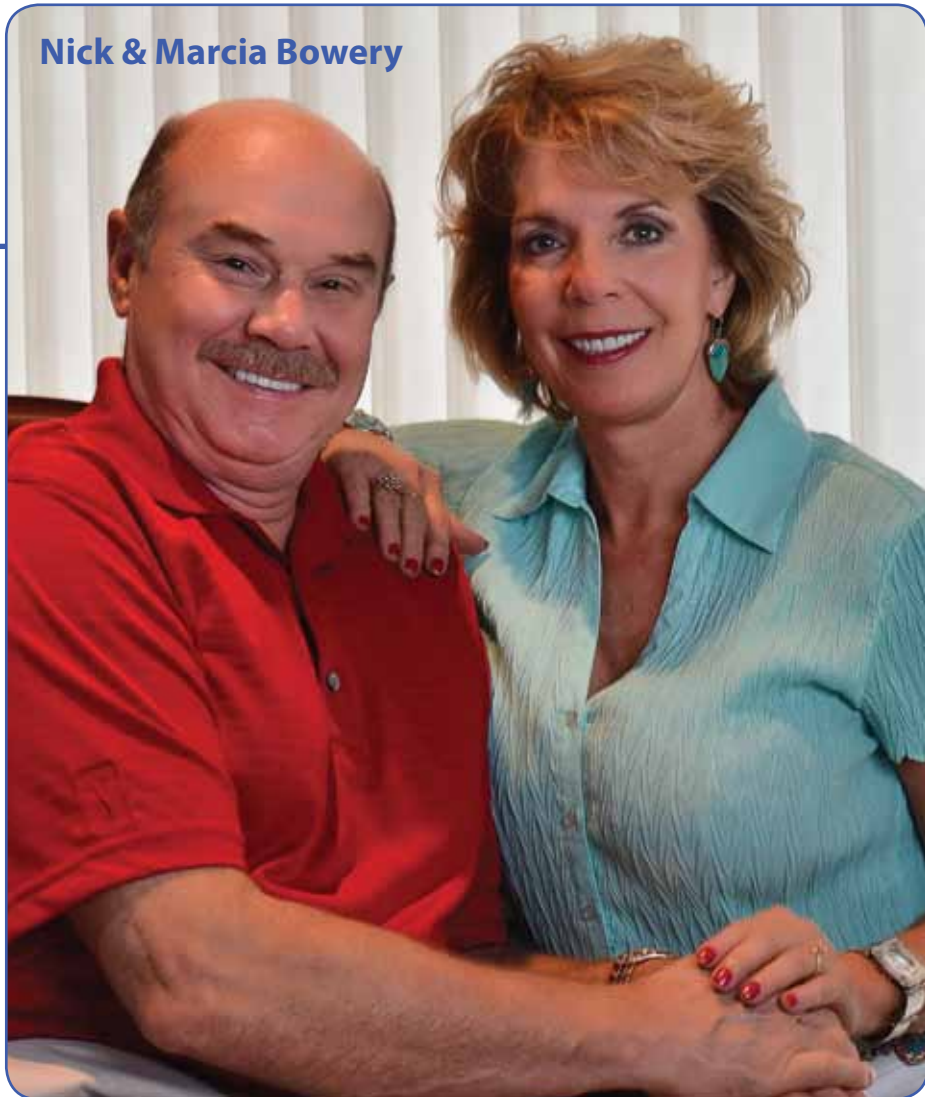
"We have a comprehensive initial exam special for one hundred forty-nine dollars that includes the exam, intraoral photos, digital dental x-rays, and a CAT scan, which is a three-dimensional x-ray, to show the health of your jaw," reports Tricia Stanley, executive director.

"When you start off with a CAT scan," notes Dr. Stanley, "you begin to get a feel for why someone's teeth are becoming worn down, why they have bite problems, why their teeth are crooked, or why they have clicking or popping in the jaw joints. It's a good foundational starting point."

Once he has incorporated the results of his evaluations into a series of treatment options, Dr. Stanley sits down with each patient to brainstorm about what he or she would like to accomplish and in what order. His practice encompasses veneers, root canals, crowns, dental implants, and other treatments to ensure that his patients end up with attractive, functional teeth.

In Marcia's and Nick's cases, Dr. Stanley recommended a full mouth restoration.

"Both of these patients were just



Nick & Marcia Bowery

dealing with general lifetime wear and tear – old metal fillings, and teeth that were cracked, discolored and/or misaligned," he explains. "We did full mouth restorations on both of them, using all-porcelain crowns. With crowns, we have control over the shape and color of the tooth all the way around, so the results are both functionally sound and aesthetically pleasing."

"It's amazing"

Both Nick and Marcia say they appreciated their experience with The Smile Centre, from their initial consultations through their follow-up appointments.

"I went first," Marcia reminds, "and everyone there was very friendly and very professional. They gave me several options and told me what the cost would be, and I decided on the full mouth restoration."

Today, she says, she is thrilled with the results of the dental work.

"I love it! I can smile, and I feel comfortable smiling," emphasizes Marcia. "My teeth look nice and natural, and they're healthy, too."

For his part, Nick is extremely pleased that he was able to overcome his "dental-phobia" and get a great new smile.

"It has done wonders for my self-confidence, just being able to let people see my smile," he reflects. "I don't have to try to cover my mouth when I'm eating

or refrain from opening my mouth for fear of someone seeing inside it. I'm really proud of the way my teeth look now, and that's amazing."

Like Marcia, Nick also enjoys the newfound value he feels in his dental health.

"My teeth are also healthy now. They treated them well before they did the crowns and they continue to treat me. I can eat anything I want to eat. Like I said, it's amazing."

He adds that the staff of The Smile Centre truly combine expertise with compassion for their patients.

"Dr. Stanley and his entire staff are people you can trust," assures Nick. "I have just been impressed with everything about their group, and I would recommend them highly to anyone without reservation." **FHCN**-Michael J. Sabno

Let us help

To learn more about the health benefits and cosmetic transformation possible with dental implant treatment, as well as Invisalign, sleep apnea, snoring, and TMJ therapy, call to schedule your appointment with Dr. Stanley today. For the office located at **1500 E. Venice Avenue, Suite 203**, in Venice, call **(941) 497-5451**, or **(941) 351-4468** for the office located at **5899 Whitfield Avenue, Suite 105**, in Sarasota.



Richard A. Stanley, DMD, is a general dentist with advanced training in cosmetic dentistry, endodontics, implant dentistry, bone grafting and sinus augmentation, craniofacial pain, neuromuscular dentistry, sedation, and orthodontics. He earned his undergraduate degree in biology from Florida State University and his DMD (Doctor of Dental Medicine) degree from the University of Florida's College of Dentistry, followed by MBA coursework at the University of Sarasota. Dr. Stanley is a member of the American Dental Association, the Florida Dental Association, the American Academy of Cosmetic Dentistry, the West Coast Dental Association, the Sarasota County Dental Association, the Academy of General Dentistry, the American Academy of Craniofacial Pain, the Academy of Osseointegration, the American Academy of Functional Orthodontics, and the International Association of Orthodontics.

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